



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Food and Drug Administration
Washington, DC 20204

MAR 30 2001

1045 '0 APR 13 P3:21

President
21 st Century Laboratories, Inc.
2119 South Wilson Street
Tucson, Arizona 85282-2034

Dear Sir/Madam:

This is in response to your submissions to the Food and Drug Administration (FDA), dated February 21 and 23, 2001 and March 19 and 20, 2001. Your submissions appears to be intended to be the notification required by 21 U.S.C. 343(r)(6) (section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (the Act)) and 21 CFR 101.93(a).

21 CFR 101.93(a)(3) requires that the notice submitted pursuant to 21 U.S.C. 343(r)(6) and this section be signed by a responsible individual who can certify the accuracy of the information presented and contained in the notice, and that the individual certify that the information contained in the notice is complete **and accurate, and that the notifying firm has** substantiation that the statement is truthful and not misleading. Your submissions do not meet this requirement in that the notices do not contain the signature of a responsible individual nor do they certify that the firm is in compliance with the requirements of the Act and the regulation. Therefore, your **firm** has not complied with the notification requirement in 21 U.S.C. 343(r)(6) and must submit notifications in accordance with the requirements in 21 CFR 101.93(a).

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Page 2 – 21st Century Laboratories, Inc.

Please contact us if we may be of further assistance.

Sincerely,

for Robert J. Moore

John B. Fôret

Director

Division of Compliance and Enforcement

Office of Nutritional Products, Labeling

and Dietary Supplements

Center for Food Safety

and Applied Nutrition

Copies:

FDA, Center for Drug Evaluation and Research, Office of Compliance, HFD-300

FDA, Office of the Associate Commissioner for Regulatory Affairs, Office of
Enforcement, HFC-200

FDA, Los Angeles District Office, Compliance Branch, HFR-PA240

21ST Century Laboratories, Inc.

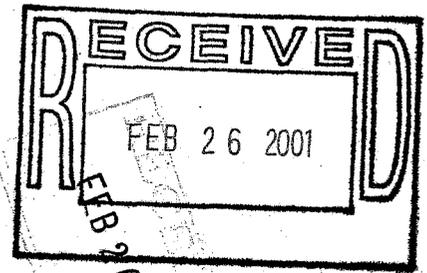
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2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/21/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you -with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints. (and) These compounds found in the soft cartilage, tendons and synovial fluid are essential to the healthy functioning of tendons and joints, especially with advancing age.

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate and Chondroitin Sulfate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Triple Strength Glucosamine and Chondroitin 3x 60ct, UPC #7-40985-22476-2
Triple Strength Glucosamine and Chondroitin 3x 150ct, UPC #7-40985-22481-6

Respectfully submitted,

21 st Century Laboratories, Inc.

21ST CENTURY®

DIETARY SUPPLEMENT

TRIPLE STRENGTH

Glucosamine & Chondroitin 3X

2 Tablets Daily

The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints *

60 (Easy Swallow) Tablets

Directions: To maintain proper joint function, take two (2) tablets daily after any meal, or as directed by a medical practitioner.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.

Supplement Facts
Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving	% DV
Calcium (as Calcium Carbonate) 20 mg	2
Glucosamine Sulfate 1500 mg	**
Chondroitin Sulfate 1200 mg	**

**Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Cellulose, Cellulose, Modified Cellulose Gum, Vegetable Stearic, Magnesium Stearate, Silicon Dioxide.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21st Century®...for a healthier future.

Glucosamine & Chondroitin 3X

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of Glucosamine Sulfate and Chondroitin Sulfate. These mm pounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age. 21st Century's® Glucosamine & Chondroitin 3X, combine 5 these two nutritional elements in the proper amounts for your safe and effective use.*



21ST CENTURY®

DIETARY SUPPLEMENT

TRIPLE STRENGTH

Glucosamine & Chondroitin 3X

2 Tablets Daily

The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints *

150 X 60 (Easy Swallow) Tablets

25% FREE

75-Day Supply

USA

Supplement Facts
Serving Size: 2 Tablets
Servings Per Container: 75

Amount Per Serving	% DV
Calcium (as Calcium Carbonate) 20 mg	2
Glucosamine Sulfate 1500 mg	**
Chondroitin Sulfate 1200 mg	**

**Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Cellulose, Cellulose, Modified Cellulose Gum, Vegetable Stearic, Magnesium Stearate, Silicon Dioxide.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

USA

USA

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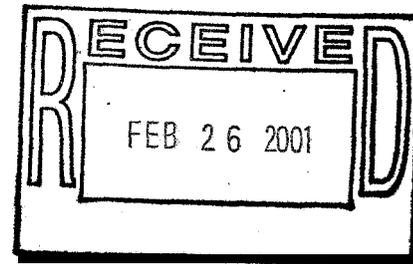
21ST Century Laboratories, Inc.

2119 South Wilson Street, **Tempe**, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/21/01

Office of Special Nutritionals(HFS-450)
FDA-CFSAN
200 C Street, SW.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2 119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints. (and) These compounds found in the soft cartilage, tendons and **synovial** fluid are essential to the healthy **functioning** of tendons and joints, especially with advancing age.

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate and Chondroitin Sulfate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Maximum Strength Glucosamine and Chondroitin 60ct, UPC #7-40985-22301-7
Maximum Strength Glucosamine and Chondroitin 150ct, UPC #7-40985-22314-7
Maximum Strength Glucosamine and Chondroitin 400ct, UPC #7-40985-22291-1

Respectfully submitted,

21st Century Laboratories, Inc.

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of glucosamine sulfate and chondroitin sulfate. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's® Glucosamine & Chondroitin, combines these two nutritional elements in the proper amounts for your safe and effective use.*

DIRECTIONS: To maintain proper joint function, take up to three (3) capsules daily after any meal, or as directed by a physician.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

Glucosamine & Chondroitin

The Natural Choice To Promote Cartilage Regeneration And Support Healthy Joints *

400 (Easy Swallow) Capsules

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 133

Amount Per Serving	% DV**
Glucosamine Sulfate 1500mg	**
Chondroitin Sulfate 1200mg	**

** Daily value (DV) not established.

Other Ingredients: Silica, Magnesium Stearate, Gelatin.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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21ST
CENTURY®



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

Glucosamine & Chondroitin

3 Capsules Daily

The Natural Choice To Promote Cartilage
Regeneration And Support Healthy Joints*

60 (Easy Swallow) Capsules

Directions: To maintain proper joint function, take up to three (3) capsules daily after any meal, or as directed by a medical practitioner.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.



Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 20

Amount Per Serving	% DV
Glucosamine Sulfate	1500 mg **
Chondroitin Sulfate	1200 mg **

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Cellulose, Silica, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

21ST
CENTURY®

21ST Century®...for a healthier future.

Glucosamine & Chondroitin

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of Glucosamine Sulfate and Chondroitin Sulfate. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age. 21ST Century's® Glucosamine & Chondroitin, combines these two nutritional elements in the proper amounts for your safe and effective use.*



21ST
CENTURY®



DIETARY SUPPLEMENT

25%
FREE

50-Day
Supply

MAXIMUM STRENGTH

Glucosamine & Chondroitin

3 Capsules Daily

The Natural Choice To Promote Cartilage
Regeneration And Support Healthy Joints*

150 (Easy Swallow) Capsules

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of glucosamine sulfate and chondroitin sulfate. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age. 21ST Century's® Glucosamine & Chondroitin, combines these two nutritional elements in the proper amounts for your safe and effective use.*

DIRECTIONS: To maintain proper joint function, take up to three (3) capsules daily after any meal, or as directed by a physician.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 50

Amount Per Serving	% DV
Glucosamine Sulfate	1500 mg **
Chondroitin Sulfate	1200 mg **

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Cellulose, Silica, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



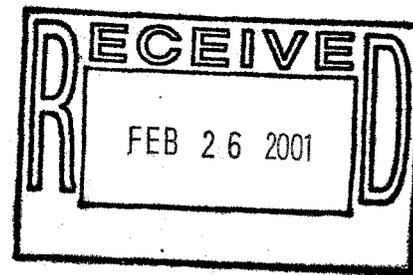
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/21/01

Office of Special Nutritionals(HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory **provisions** of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): The Natural Choice To Promote **Cartilage** Regeneration And Support Healthy Joints. (and) These compounds found in the **soft** cartilage, tendons and synovial fluid are essential to the healthy **functioning** of tendons and joints, especially with advancing age.

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate and Chondroitin Sulfate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Glucosamine Relief 60ct, UPC #7-40985-21472-5
Glucosamine Relief 200ct, UPC #7-40985-21690-3

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

ORIGINAL FORMULA

WITH MORE CHONDROITIN
Glucosamine Relief™

The Natural Choice To Promote Cartilage
Regeneration And Support Healthy Joints *

60 (Easy Swallow) Capsules

Directions: To maintain proper joint function, take up to two (2) capsules twice daily after any meal, or as directed by a medical practitioner.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	% DV
Glucosamine Sulfate 500 mg	**
Chondroitin Sulfate 400 mg	**

** Daily Value (DV) not established.
Other Ingredients: Gelatin, Cellulose, Magnesium Silicate, Magnesium Stearate, Stearic Acid.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

21ST
CENTURY®

21ST Century®... for a healthier future.
Glucosamine Relief™

As reported in the recent best-selling book *The Arthritis Cure* the combination of **glucosamine sulfate** and **chondroitin sulfate**, found in the **soft cartilage**, **tendons**, and **synovial fluid**, are essential to the healthy **functioning** of **tendons and joints**, especially with advancing age. **21st Century's® Glucosamine Relief** combines these two **nutritional** elements in the **proper** amounts for your safe and effective use. This **product** is not, however, intended to replace the **advice** of your physician.



21ST
CENTURY®



DIETARY SUPPLEMENT

WITH MORE
CHONDROITIN

ORIGINAL FORMULA

Glucosamine Relief™

**SUPER SIZE
200 Count**

The Natural Choice To Promote Cartilage
Regeneration And Support Healthy Joints *

200 (Easy Swallow) Capsules

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of Glucosamine Sulfate and Chondroitin Sulfate. These compounds found in the soft cartilage, tendons, and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's® Glucosamine Relief™ combines these two nutritional elements in the proper amounts for safe and effective use. This product is not, however, intended to replace the advice of your physician.

Directions: To maintain proper joint function, take up to two (2) capsules twice daily after meals, or as directed by a medical practitioner.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 100

Amount Per Serving	% DV
Glucosamine Sulfate 500 mg	**
Chondroitin Sulfate 400 mg	**

** Daily Value (DV) not established.
Other Ingredients: Gelatin, Cellulose, Di Calcium Phosphate, Silica, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



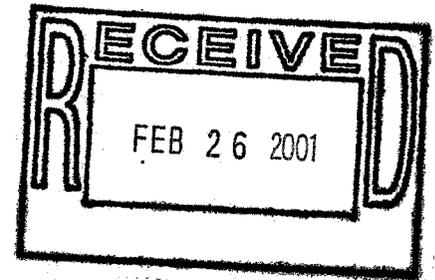
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/21/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Glucosamine & Chondroitin Plus MSM, Ester Co and Trace Minerals For Maximum Joint Support

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate and Chondroitin Sulfate. MSM, Ester C (Calcium Ascorbate), Zinc Oxide, Copper Gluconate, and Manganese Gluconate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Glucosamine & Chondroitin Plus 60ct, UPC #7-40985-22488-5
Glucosamine & Chondroitin Plus 120ct, UPC #7-40985-22495-3

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

GLUCOSAMINE
& CHONDROITIN



Plus

WITH MSM & ESTER-C®
For Maximum Joint Support*

60 (Easy Swallow) Tablets

Directions For Use: Take up to three (3) tablets daily with any meal. Daily dosage may vary based on individual needs.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

*This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 20

Amount Per Serving	% DV
Ester-C® (Calcium Ascorbate) 100 mg	167%
Zinc (from oxide) 15 mg	100%
Copper (from gluconate) 2 mg	100%
Manganese (from gluconate) 5 mg	250%
Glucosamine Sulfate 1500 mg	**
Chondroitin Sulfate 1200 mg	**
MSM (Methylsulfonylmethane) 1000 mg	**

** Daily Value (DV) not established.
Other ingredients: Hydroxypropyl Cellulose, Cellulose, Modified Cellulose Gum, Vegetable Stearate, Magnesium Stearate, Silicon Dioxide.

Ester-C® is a licensed trademark of Intra-Cel Corporation. Manufactured under U.S. Patent No. 4,822,816. Other patents pending.

Made in U.S.A.

21ST
CENTURY®

21st Century®... for a healthier future.

Glucosamine & Chondroitin Plus

21st Century® Glucosamine & Chondroitin Plus, the complete joint relief formula, contains Glucosamine and Chondroitin Sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to healthy joint function. 21st Century's® Glucosamine & Chondroitin Plus, a clinically proven formula, combines the benefits of Ester-C® (Calcium Ascorbate) and trace minerals with Glucosamine Sulfate, Chondroitin Sulfate and MSM to aid in the relief of pain associated with abnormal joint function.



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21ST
CENTURY®



DIETARY SUPPLEMENT

20%
FREE

WITH MSM & ESTER-C®

GLUCOSAMINE
& CHONDROITIN



Plus

PROVEN FORMULA

Glucosamine & Chondroitin
Plus MSM, Ester-C® And Trace Minerals
For Maximum Joint Support*

120
100 (Easy Swallow) Tablets

21st Century® Glucosamine & Chondroitin Plus, the complete joint relief formula, contains Glucosamine and Chondroitin Sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to healthy joint function. 21st Century's® Glucosamine & Chondroitin Plus, a clinically proven formula, combines the benefits of Ester-C® (Calcium Ascorbate) and trace minerals with Glucosamine Sulfate, Chondroitin Sulfate and MSM to aid in the relief of pain associated with abnormal joint function.

Directions For Use: Take up to three (3) tablets daily with any meal. Daily dosage may vary based on individual needs.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.

Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 20

Amount Per Serving	% DV
Ester-C® (Calcium Ascorbate) 100 mg	167%
Zinc (from oxide) 15 mg	100%
Copper (from gluconate) 2 mg	100%
Manganese (from gluconate) 5 mg	250%
Glucosamine Sulfate 1500 mg	**
Chondroitin Sulfate 1200 mg	**
MSM (Methylsulfonylmethane) 1000 mg	**

** Daily Value (DV) not established.
Other ingredients: Hydroxypropyl Cellulose, Cellulose, Modified Cellulose Gum, Vegetable Stearate, Magnesium Stearate, Silicon Dioxide.

Ester-C® is a licensed trademark of Intra-Cel Corporation. Manufactured under U.S. Patent No. 4,822,816. Other patents pending.

*This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



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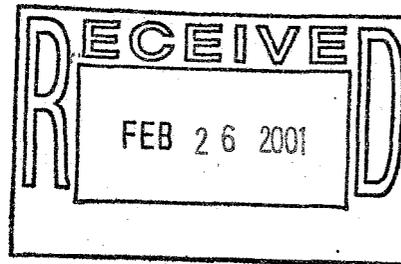
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/21/01

Office of Special Nutritionals (I-IFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): "Maximum Strength Formula" to Help Maintain the Natural Lubrication Found in Joints and Cartilage. (and) Glucosamine Sulfate, found in the soft cartilage, tendons and synovial fluid are essential to the healthy functioning of tendons and joints, especially with advancing age.

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate.

Name of the supplement bearing the label or associated with the labeling: 21 st Century Laboratories, Inc.,

Glucosamine 1000mg120ct, UPC #7-40985-22215-7
Glucosamine 1000mg400ct, UPC #7-40985-21394-0

Respectfully submitted,

21 st Century Laboratories, Inc.

21ST
CENTURY[®]



DIETARY SUPPLEMENT

Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's[®] Glucosamine 1000 mg Maximum Strength Formula — one easy-to-swallow tablet daily.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily. If necessary increase to two (2) capsules daily, one in the morning and one after dinner. Daily dosage may vary based on individual needs. Allow one week for best results.*

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



**Glucosamine
1000 mg**

"Maximum Strength Formula"
to Help Maintain the Natural Lubrication
Found in Joints and Cartilage *

120 ~~X~~ 0 Coated Tablets

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 120

Amount Per Serving	% DV
Glucosamine Sulfate 1000 mg	**

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Di Calcium Phosphate, Silicon, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century's[®] Glucosamine 1000 mg Maximum Strength Formula — one easy-to-swallow tablet daily.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily. If necessary increase to two (2) tablets daily, one in the morning and one after dinner. Daily dosage may vary based on individual needs. Allow one week for best results.*

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



21ST
CENTURY[®]



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

**Glucosamine
1000 mg**

"Maximum Strength Formula" to Help Maintain the
Natural Lubrication Found in Joints and Cartilage *

400 Coated Tablets

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 400

Amount Per Serving	% DV
Calcium (Calcium Carbonate) 99 mg	10
Glucosamine Sulfate 1000 mg	**

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Hydroxypropyl Cellulose, Vegetable Stearaine, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



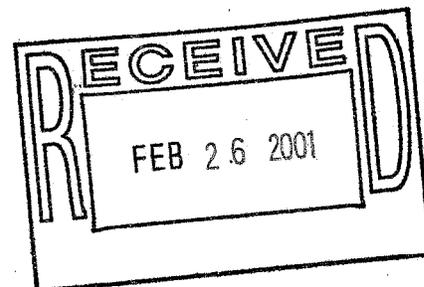
21ST Century Laboratories, Inc.



2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300

2/21/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Glucosamine & Chondroitin Plus MSM, Ester C® and Trace Minerals For Maximum Joint Support

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate and Chondroitin Sulfate. MSM, Ester C (Calcium Ascorbate), Zinc Oxide, Copper Gluconate, and Manganese Gluconate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Joint Remedy 90ct, UPC #7-40985-21930-0
Joint Remedy 150ct, UPC #7-40985-21934-8

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT
EXTRA STRENGTH

Joint Remedy™

Contains Glucosamine, MSM, Ester-C® and Trace Minerals For Maximum Joint Support *

90 (Easy Swallow) Capsules

Directions For Use: Take up to three (3) capsules daily with meals. Daily dosage may vary based on individual needs. Allow one week for best results.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

21ST Century Laboratories, Inc.
2445 W. 12th Street, Tempe, AZ 85281 USA

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin C (from Ester-C®)	100 mg / 167%
Zinc (from oxide)	15 mg / 100%
Copper (from gluconate)	2 mg / 100%
Manganese (from gluconate)	5 mg / 250%
Glucosamine Sulfate	1500 mg **
Methyl Sulfonyl Methane (MSM)	750 mg **

** Daily value has not been established.

Other Ingredients: Cellulose, Di Calcium Phosphate, Silicon Dioxide, Magnesium Stearate, Gelatin.

Ester-C® is a licensed trademark of Inter-Cel Corporation. Manufactured under U.S. Patent No. 4,822,816. Other patents pending.

Made in USA.

21ST
CENTURY®



21ST Century®... for a healthier future.

Joint Remedy™

Glucosamine sulfate, found in the soft cartilage, tenons, and synovial fluid, is essential to healthy joint function. 21st Century's Joint Remedy™, a clinically proven formula, combines the benefits of Ester-C (ascorbic acid) and trace minerals with Glucosamine Sulfate and MSM to aid in the relief of pain associated with abnormal joint function.



21ST
CENTURY®



DIETARY SUPPLEMENT

THE COMPLETE
JOINT RELIEF
FORMULA

EXTRA STRENGTH

**Joint
Remedy™**

CONTAINS GLUCOSAMINE
With MSM, Ester-C® and Trace Minerals
For Maximum Joint Support *

150 (Easy Swallow) Capsules

Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to healthy joint function. 21st Century's Joint Remedy™, a clinically proven formula, combines the benefits of Ester-C® (ascorbic acid) and trace minerals with Glucosamine Sulfate and MSM to aid in the relief of pain associated with abnormal joint function.

Directions For Use: Take up to three (3) capsules daily with meals. Daily dosage may vary based on individual needs. Allow one week for best results.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

21ST Century Laboratories, Inc.
2445 W. 12th Street, Tempe, AZ 85281 USA



Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 50

Amount Per Serving	% Daily Value
Vitamin C (from Ester-C®)	100 mg / 167%
Zinc (from oxide)	15 mg / 100%
Copper (from gluconate)	2 mg / 100%
Manganese (from gluconate)	5 mg / 250%
Glucosamine Sulfate	1500 mg **
Methyl Sulfonyl Methane (MSM)	750 mg **

** Daily value has not been established.

Other Ingredients: Cellulose, Di Calcium Phosphate, Silicon Dioxide, Magnesium Stearate, Gelatin.

Ester-C® is a licensed trademark of Inter-Cel Corporation. Manufactured under U.S. Patent No. 4,822,816. Other patents pending.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.



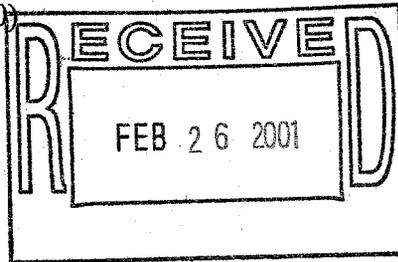
21ST Century Laboratories, Inc.



2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300

2/21/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 c street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps Maintain the Natural Lubrication Found in Joints and Cartilage. (and) Glucosamine Sulfate, found in the soft cartilage, tendons and synovial fluid are essential to the healthy functioning of tendons and joints, especially with advancing age.

Dietary ingredient(s) to which the statement refers: Glucosamine Sulfate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Glucosamine 500mg 60ct, UPC #7-40985-22564-6

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

Glucosamine
500 mg

Helps Maintain the Natural Lubrication
Found in Joints and Cartilage *

60 (Easy Swallow) Capsules

Directions: To maintain proper joint function, take up to three (3) capsules daily after any meal, or as directed by a medical practitioner.

Warning: If you have a Shellfish allergy please consult your medical practitioner before using this product.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness & label potency.



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% DV
Glucosamine Sulfate	500 mg **

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.

Glucosamine 500 mg

Glucosamine sulfate, found in the soft cartilage, tendons, and synovial fluid, is essential to the healthy functioning of tendons and joints, especially with advancing age.*



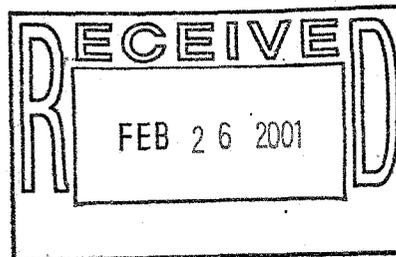
21ST Century Laboratories, Inc.



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FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are **providing** you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): MSM Promotes Joint Elasticity & Flexibility.

Dietary ingredient(s) to which the statement refers: MSM (Methylsulfonylmethane).

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Maximum Strength MSM 1000 90ct, UPC #7-40985-2 1720-7
Maximum Strength MSM 1000 180ct, UPC #7-40985-22278-2

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

MSM-1000
(Methylsulfonylmethane)

Promotes Joint Elasticity
& Flexibility*

90 Tablets

DIRECTIONS: To maintain proper joint function, take one (1) to three (3) tablets daily after any meal, or as directed by a physician.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 90

Amount Per Serving	% DV
Calcium (as Calcium Carbonate) 180 mg	18%
MSM (Methylsulfonylmethane) 1000 mg	**

** Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Cellulose, Modified Cellulose Gum, Vegetable Stearic, Silicon Dioxide, Cellulose, Magnesium Stearate, Hydroxypropyl Methylcellulose.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

21ST
CENTURY®

21st Century... for a healthier future.

MSM-1000
(Methylsulfonylmethane)

Many recent scientific studies have shown the effectiveness of taking supplements with MSM (methylsulfonylmethane). MSM promotes joint elasticity and flexibility.*



21ST
CENTURY®



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

MSM-1000
(Methylsulfonylmethane)

Promotes Joint Elasticity
And Boosts Joint Repair Response*

180 ~~X~~ 5 Tablets

Many recent scientific studies have shown the effectiveness of taking supplements with MSM (methylsulfonylmethane). MSM promotes joint elasticity and flexibility.*

DIRECTIONS: To maintain proper joint function, take one (1) to three (3) tablets daily after any meal, or as directed by a physician.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 180

Amount Per Serving	% DV
Calcium (as Calcium Carbonate) 180 mg	18%
MSM (Methylsulfonylmethane) 1000 mg	**

** Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Cellulose, Modified Cellulose Gum, Vegetable Stearic, Silicon Dioxide, Cellulose, Magnesium Stearate, Hydroxypropyl Methylcellulose.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



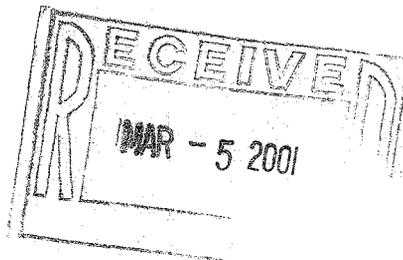
21ST Century Laboratories, Inc.

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Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): 100% Highly Absorbable Calcium Citrate for Strong and Healthy Bones. (and) Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Calcium Citrate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium Citrate 120ct, UPC #7-40985-223 18-5

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

COMPARE TO
CITRACAL®

20%
FREE

HIGHLY ABSORBABLE

Calcium
Citrate

100% Highly Absorbable Calcium Cii
For Strong & Healthy Bones*

120 ~~1~~ X 0 Caplets

Calcium is necessary for healthy bones, teeth and cartilage. Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.*

Directions: Take two (2) to four (4) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Citracal® is a registered trademark of Mission Pharmaceutical Co., San Antonio, TX.

Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 60

Amount Per Serving	% DV†
Calcium (as Calcium Citrate) 400 mg	40

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Ingredients: Calcium Citrate, Calcium Carbonate, Cellulose, Vegetable Stearic, Modified Cellulose Gum, Silicon Dioxide, Malic Acid, Magnesium Stearate, Hydroxypropyl Methylcellulose, PEGs.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



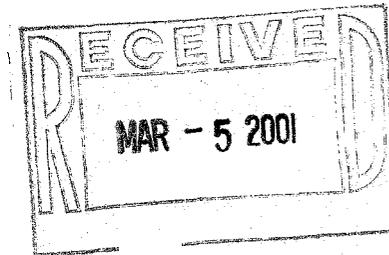
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Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Calcium Plus Vitamin D for Strong & Healthy Bones. (and) 100% Highly Absorbable Calcium Citrate plus Vitamin D for Strong and Healthy **Bones.**(and) Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Calcium Citrate, Vitamin D.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium Citrate +D 400ct, UPC #7-40985-21501-2
Calcium Citrate +D120ct, UPC #7-40985-22332-1
Calcium Citrate +D60ct, UPC #7-40985-21585-2

Respectfully submitted,

21st Century Laboratories, Inc.

Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years.

Directions: Take **two (2)** tablets daily with meals for **maximum** daily results, or as directed by a **medical practitioner**.

Store at room **temperature**. Keep out of reach of children. Do not use if product appears to be tampered with.

For Your Health: **No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed** for purity, freshness and label potency.



DIETARY SUPPLEMENT

Calcium Citrate +D

Calcium Plus Vitamin D
Clinically Shown to Stabilize Bone Mass *

400 Coated Tablets

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 200

Amount Per Serving	% DV**
Vitamin D (as cholecalciferol) 400 IU	100
Calcium (as calcium citrate) 630 mg	63

** Percent Daily Value (DV).

Other Ingredients: D-Calcium Phosphate, Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2445 W. 12th Street, Tempe, AZ 85281 USA
www.21stcenturyvitamins.com



40985 21501 2

21ST CENTURY®



DIETARY SUPPLEMENT

COMPARE TO
CITRACAL® +D



HIGHLY ABSORBABLE

Calcium Citrate +D

100% Highly Absorbable Calcium Citrate
plus Vitamin D for Strong & Healthy Bones .

120 X 0 Tablets

Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.*

Directions: Take two (2) to four (4) tablets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: **No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed** for purity, freshness and label potency.

Citracal®+D is a registered trademark of Mission Pharmacal Co., San Antonio, TX

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

Amount Per Serving	% DV†
Vitamin D (as Cholecalciferol) 400 IU	100
Calcium (as Calcium Citrate) 630 mg	63

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Stearic Acid, Magnesium Stearate, Modified Cellulose Gum, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



7 40985 22332 1

21ST
CENTURY[®]



DIETARY SUPPLEMENT

HIGHLY ABSORBABLE

Calcium Citrate

100% Highly Absorbable Calcium Citrate
plus Vitamin D for Strong & Healthy Bones

60 Caplets + 15 FREE

Directions: Take two (2) to four (4) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 37.5

Amount Per Serving	% DV*
Vitamin D (as cholecalciferol)	400 IU 100
Calcium (as citrate)	630 mg 63

* Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Calcium Carbonate, Cellulose, Silicon Dioxide, Vegetable Stearic, Hydroxypropyl Methylcellulose, PEG.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2445 W. 12th Street, Tempe, AZ 85281 USA
www.21stcenturyvitamins.com



21ST Century[®]...for a healthier future.

Calcium Citrate + D

21ST Century's[®] Calcium Citrate plus Vitamin D provides 50% of the calcium and 50% of vitamin D recommended by the RDI. Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. Calcium Citrate is a water soluble source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years.



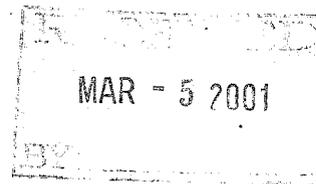
21ST Century Laboratories, Inc.



2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300

2/23/01

Office of Special Nutritionals(HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Calcium is necessary for healthy bones, teeth and cartilage. (and) Calcium Supplements help build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Oyster Shell Calcium.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium 500 Oyster Shell 90ct, UPC #7-40985-22296-6

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®

20%
FREE

DIETARY SUPPLEMENT

Calcium 500
Oyster Shell

Compare To Os Cal® 500

90 ~~76~~ Tablets

Directions: Take up to (2) tablets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Os Cal® 500 is a registered trademark of SmithKline Beecham, Pittsburgh, PA 15220



Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 45

Amount Per Serving	% DV*
Calcium from Oyster Shell	1000 mg - 100

*Percent Daily Values are based on a diet of other people's secrets.

Other Ingredients: Modified Cellulose Gum, Hydroxypropyl Methylcellulose, Maltodextrin, Ascorbic Acid, Cellulose, PEG.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®. For a healthier future.

Calcium 500-Oyster Shell

Calcium is necessary for healthy bones, teeth and cartilage. The body stores 99% of its Calcium in the bones. Calcium supplements help build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.



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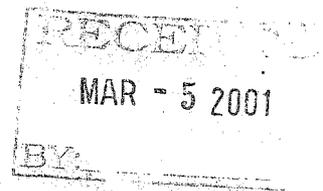
21ST Century Laboratories, Inc.



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2/23/01

Office of Special **Nutritionals** (HFS-450)
FDA-CFSAN
200 c street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. (and) Calcium Supplements help build bone mass in **young** adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Oyster Shell **Calcium**, Vitamin D.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium 250+D Oyster Shell 90ct, UPC #7-40985-22302-4

Respectfully submitted,

21st Century Laboratories, Inc.

**21ST
CENTURY®**

DIETARY SUPPLEMENT

**Calcium 250 +D
Oyster Shell**

Compare To Os Cal® 250 +D

90 ~~X~~ Tablets

20% FREE

Directions: Take up to (2) tablets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Os Cal® 250 +D is a registered trademark of Chinalfa Division, Pittsburgh, PA 15201

USA

Supplement Facts
Serving Size: 2 Tablets
Servings Per Container: 45

Amount Per Serving	% DV*
Vitamin D (as Cholecalciferol)	250 IU 60
Calcium (from Oyster Shell)	500 mg 50

* Percent Daily Value (DV) based on a 2,000 calorie diet.
Other Ingredients: Modified Cellulose Gum, Hydroxypropyl Methylcellulose, Multicolored, Acacia, Color Added, PEG.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21st Century®...for a healthier future.

Calcium 250 +D - Oyster Shell

Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. The body stores 99% of its Calcium in the bones. Calcium supplements help build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.



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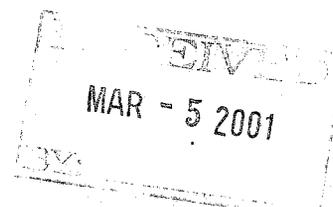
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/23/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. (and) Calcium Supplements help build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Oyster Shell Calcium, Vitamin D.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium 500+D Oyster Shell 90ct, UPC #7-40985-22336-9

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY[®]

20%
FREE



DIETARY SUPPLEMENT

Calcium 500 +D
Oyster Shell

Compare To Os Cal[®] 500 +D

90 ~~7~~ Tablets

Directions: Take up to (2) tablets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Os Cal[®] 500 +D is a registered trademark of SmithKline Beecham, Pittsburgh, PA 15228



Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 45

Amount Per Serving		% DV*
Vitamin D (as Cholecalciferol)	400 IU	100
Calcium (from Oyster Shell)	1000 mg	100

* Percent Daily Values (DV) based on a 2,000 calorie diet.
Other Ingredients: Modified Cellulose Gum, Hydroxypropyl Methylcellulose, Malto-dextrin, Acacia, Color Added, PEG.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century[®]...for a healthier future.

Calcium 500 +D - Oyster Shell

Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. The body stores 99% of its Calcium in the bones. Calcium supplements help build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.



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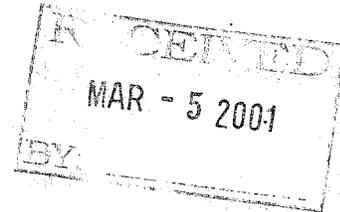
21ST Century. Laboratories, Inc.



2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300

2/23/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282,

Statement(s): Calcium is necessary for healthy bones, teeth and cartilage. (and) Calcium Supplements help build, bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers: Calcium Carbonate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium 60075ct, UPC #7-40985-22257-7

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

Calcium 600

Compare To Caltrate® 600

~~75~~ Caplets

Directions: Take up to (2) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Caltrate® 600 is a registered trademark of Whitehall Fobbies HealthCare, Madison, NJ 07740



Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 37.5

Amount Per Serving	% DV*
Calcium (as Calcium Carbonate) 1200 mg	120

* Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Modified Cellulose Gum, Maltodextrin, Hydroxypropyl Methylcellulose, Color Added, Ascorbic Acid, PEG.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.

Calcium 600

Calcium is necessary for healthy bones, teeth and cartilage. The body stores 99% of its Calcium in the bones. Calcium supplements help build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.*



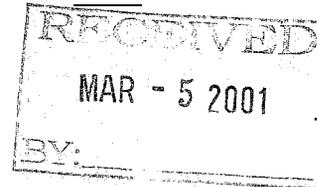
21ST Century Laboratories, Inc.

2 119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



2/23/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis, (and) Calcium Citrate plus Soy Isoflavones For Healthy Bones and Heart.

Dietary ingredient(s) to which the statement refers: Calcium Citrate, Soy Isoflavones.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium Citrate + Sot 90ct, UPC #7-40985-22552-3

Respectfully submitted,

2 1 st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

CALCIUM CITRATE

Calcium + Soy

Calcium Citrate plus Soy Isoflavones
For Healthy Bones & Heart*

90 Tablets

Directions: Take up to (2) tablets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 45

Amount Per Serving	% DV
Calcium (as Calcium Citrate) 500mg	50
Soy Isoflavones Extract 50mg	**

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Vegetable Stearic, Magnesium Stearate, Modified Cellulose Gum, Magnesium Silicate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com

21ST
CENTURY®

21st Century®...for a healthier future.

Calcium + Soy

Calcium Citrate is a highly absorbable source of calcium and helps build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis. Soy has been the topic of many new studies regarding heart & bone health in addition to supporting the needs of menopausal women.



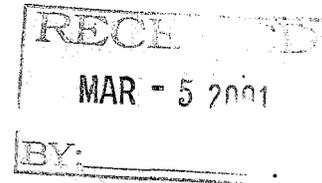
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Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): **Calcium** is necessary for healthy bones, teeth and cartilage. (and) Calcium Plus combines essential nutrients and calcium which helps build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis. (and) Essential Nutrients For Strong & Healthy Bones, Teeth, and Cartilage.

Dietary ingredient(s) to which the statement refers: Vitamin D, Calcium Carbonate, Magnesium Oxide, Zinc Oxide, Copper Oxide, Manganese Sulfate, Sodium Borate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Calcium Plus 120ct, UPC #7-40985-22326-0

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

COMPARE TO
CALTRATE
PLUS®

20%
FREE

Calcium
Plus

Essential Nutrients Necessary For
Strong & Healthy Bones, Teeth and Cartilage *

120 ~~1~~0 Caplets

Calcium is necessary for healthy bones, teeth and cartilage. Calcium Plus combines essential nutrients and calcium which helps build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.*

Directions: Take two (2) to four (4) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives. Unconditionally guaranteed for purity, freshness and label potency.

Caltrate Plus® is a registered trademark of Whitehall Robbins Healthcare, Madison, NJ 07149

Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 60

Amount Per Serving	% DV†
Vitamin D (as Cholecalciferol)	400 IU 100
Calcium (as Calcium Carbonate)	1200 mg 120
Magnesium (as Magnesium Citrate)	80 mg 20
Zinc (as Zinc Oxide)	15 mg 100
Copper (as Copper Oxide)	2 mg 100
Manganese (as Manganese Sulfate)	3.6 mg 180
Boron† (as Boron Borate)	500 mcg **

† Percent Daily Value (DV) based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Malted Calcium Gum, Silica, Hydroxypropyl Methylcellulose, Titanium Dioxide, Vegetable Stearic, Magnesium Stearate, FD&C Yellow #6, FD&C Yellow #5, Vitamin D, FD&C Blue #2.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



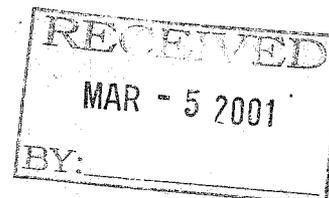
21ST Century Laboratories, Inc.



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2/23/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. (and) Calcium Supplements help build bone mass in young adults and helps prevent bone loss in later years. (and) Reduced calcium levels may increase risk for developing osteoporosis.

Dietary ingredient(s) to which the statement refers; Calcium Carbonate, Vitamin D.

Name of the supplement bearing the label or associated with the labeling: 21 st Century Laboratories, Inc.,

Calcium 600+D 75ct, UPC #7-40985-22305-5

Respectfully submitted,

21 st Century Laboratories, Inc.

74891

21ST CENTURY®

DIETARY SUPPLEMENT

Calcium 600 +D

Compare To Caltrate® 600 +D

75 ~~00~~ Caplets

25% FREE

Directions: Take up to (2) caplets daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Calcium 600 +D is a registered trademark of Winthail Public Healthcare, Madison, NJ 07740

USA

Supplement Facts

Serving Size: 2 Caplets
Servings Per Container: 37.5

Amount Per Serving	% DV*
Vitamin D (as Cholecalciferol) 400 IU	100
Calcium (as Calcium Carbonate) 1200 mg	120

*Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Modified Cellulose Gums, Maltodextrin, Hydroxypropyl Methylcellulose, Color Added, Acacia, PEG.

*This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century? ...for a healthier future.

Calcium 600 +D

Vitamin D is essential for use of calcium and necessary for healthy bones, teeth and cartilage. The body stores 99% of its Calcium in the bones. Calcium supplements help build bone mass in young adults and helps prevent bone loss in later years. Reduced calcium levels may increase risk for developing osteoporosis.*



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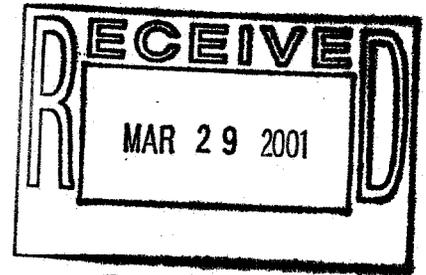
21ST Century Laboratories, Inc.



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3/19/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps Convert food into energy and helps maintain the nervous system.

Dietary ingredient(s) to which the statement refers: **Thiamin**, Riboflavin, Niacinamide, **Pyridoxine Hydrochloride**, Folic Acid, **Cyanocobalamin**, Biotin, Calcium Pantothenate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Prolonged Release Balanced B-100 60ct, UPC #7-40985-22282-9

Respectfully submitted,

21st Century Laboratories, Inc.

75149

21ST
CENTURY®



DIETARY SUPPLEMENT

PROLONGED RELEASE

Balanced B-100

Helps Convert Food Into Energy
And Helps Maintain The Nervous System*

60 Caplets

Directions: Take one (1) caplet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



Supplement Facts

Serving Size: 1 Caplet - Servings Per Container: 60

Amount Per Serving	% DV†
Thiamin (Vitamin B-1)	100 mg 6667
Riboflavin (Vitamin B-2)	100 mg 5882
Niacin (as Nicotinic Acid)	100 mg 500
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg 5000
Folic Acid	400 mcg 100
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1667
Biotin	100 mcg 333
Pantothenic Acid (as Calcium Pantothenate)	100 mg 1000
Calcium (as Calcium Carbonate)	124 mg 12

† Percent Daily Values (DV) based on a 2,000 calorie diet.

Other Ingredients: Maltodextrin, Hydroxypropyl Methylcellulose, Cellulose, Vegetarian Stearic Acid, Dicalcium Phosphate, Magnesium Stearate, PEG.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



21ST Century... for a healthier future.

Balanced B-100

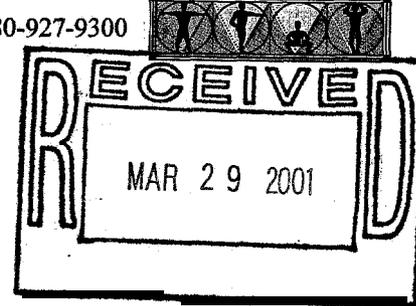
B vitamins are interdependent upon each other and interrelated in function, they convert food into energy and help maintain the nervous system and body tissues. Prolonged release vitamins slowly release nutrients into the body over an extended period of time.*



21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300

21ST
CENTURY®



3/19/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204

Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 2 1st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): **Rich** in Natural Vitamins A & D – Helps Maintain Body Tissues And **Aids In** Calcium Absorption. (and) For absorption, Vitamin A must be taken with Vitamin D, which is also needed for the proper formation of teeth and bones.

Dietary ingredient(s) to which the statement refers: Cod Liver Oil

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, **Inc.**,

Norwegian Cod Liver Oil 110ct, UPC #7-40985-2 1168-7

Respectfully submitted,

2 1st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

Norwegian Cod Liver Oil

Rich In Natural Vitamins A & D—Helps Maintain
Body Tissues And Aids In Calcium Absorption

110 1X0 Softgels

Directions: Take one (1) softgel daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 110

Amount Per Serving	% DV*
Vitamin A from Cod Liver Oil	1250 I.U. 25
Vitamin D from Cod Liver Oil	135 I.U. 34

*Percent Daily Values (DV) based on a 2,000 calorie diet.
Ingredients: Norwegian Cod Liver Oil, Glycerin, Purified Water, Refined Soybean Oil, Vitamin E (d-alpha-tocopheryl).

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.

Norwegian Cod Liver Oil

21ST Century's® Norwegian Cod Liver Oil is a rich, natural source of Vitamins A and D plus Omega 3. For absorption, Vitamin A must be taken with Vitamin D, which is also needed for the proper formation of teeth and bones.*



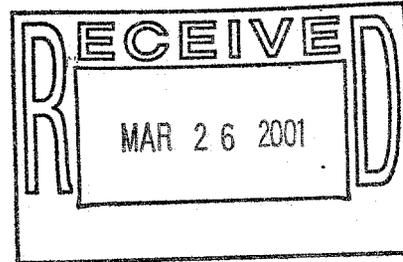
21ST Century Laboratories, Inc.



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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 c Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps convert food into energy and helps maintain **skin**, digestive and nervous systems.

Dietary ingredient(s) to which the statement refers: Niacinamide.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Prolonged Release Niacin **500mg 1 10ct**, UPC #7-40985-22550-9

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY[®]



DIETARY SUPPLEMENT
PROLONGED RELEASE

Niacin
500 mg

Helps Convert Food Into Energy And Helps
Maintain Skin, Digestive & Nervous Systems*

110 X 0 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving	% DV
Niacin (as Niacinamide) 500 mg	2500
Calcium (as Calcium Carbonate) 160 mg	16

Percent Daily Values (DV):

Other Ingredients: Cellulose, Hydroxypropyl Methylcellulose, Vegetable Stearic Acid, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century[®]...for a healthier future.

Niacin 500 mg

Niacin plays a key role in converting food into energy and helps maintain the normal function of nerves, skin, and the digestive system.*



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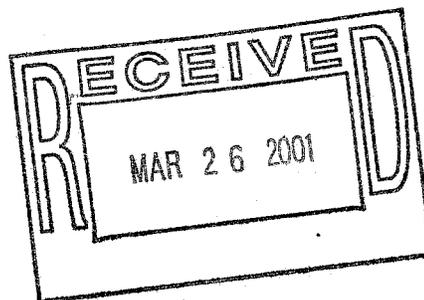
21ST Century Laboratories, Inc.



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3/20/01

Office of Special Nutitionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Promotes healthy cellular growth, reducing birth defects, heart attacks and memory loss. (and) Healthful diets containing adequate amounts of Folic Acid may reduce the risk of birth defects including neural tube defects and **spina b&la**. (and) Folic Acid also helps support the development of the nervous system of the fetus.

Dietary ingredient(s) to which the statement refers: Folic Acid.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Folic Acid 800mcg 180ct, UPC #7-40985-22563-9

Respectfully submitted,

21st Century Laboratories, Inc.

75150

21ST
CENTURY®



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

Folic Acid
800 mcg

Promotes Healthy Cellular Growth, Reducing
Birth Defects, Heart Attacks & Memory Loss*

180 Tablets

Directions: Take one (1) tablet daily
with any meal for maximum daily results,
or as directed by a medical practitioner.

Store at room temperature. Keep
out of reach of children. Do not use if
product appears to be tampered with
or seal is broken.

For Your Health: No Sugar, Salt,
Yeast, Preservatives, Artificial Flavors
or Colors. Unconditionally guaranteed
for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 180

Amount Per Serving	% DV
Folate (as Folic Acid)	800 mcg 200
Calcium (as Calcium Carbonate)	230 mg 23

Percent Daily Value (DV)

Other Ingredients: Cellulose, Silicon Dioxide, Vegetable
Stearate, Modified Cellulose Gum, Magnesium Stearate.

* This statement has not been evaluated by the Food
and Drug Administration. This Product is not intended
to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®... for a healthier future.

Folic Acid 800 mcg

Healthful diets containing adequate amounts of
Folic Acid may reduce the risk of birth defects
including neural tube defects and **spina bifida**.*
Folic Acid also helps support the development of
the nervous system of the fetus.†

L.O.T. 102004 EXP. 07/03



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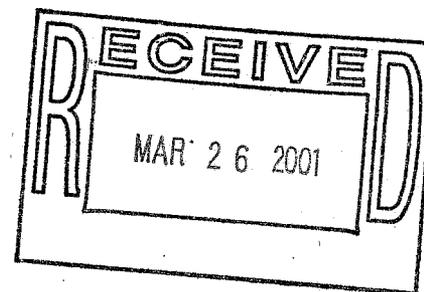
21ST Century Laboratories, Inc.

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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the **statutory** provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Promotes healthy cellular growth, reducing birth defects, heart attacks and memory loss. (and) Healthful diets containing adequate amounts of **Folic** Acid may reduce the risk of birth defects including neural tube defects and **spina bifida**. (and) Folic Acid also helps support the development of the nervous system of the fetus.

Dietary ingredient(s) to which the statement refers: Folic Acid.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Folic Acid 400mcg 250ct, UPC #7-40985-21377-3

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

Folic Acid
400 mcg

Promotes Healthy Cellular Growth, Reducing
Birth Defects, Heart Attacks & Memory Loss*

250 Tablets

Directions: Take one (1) tablet daily
with any meal for maximum daily results,
or as directed by a medical practitioner.

Store at room temperature. Keep
out of reach of children. Do not use if
product appears to be tampered with
or seal is broken.

For Your Health: No Sugar, Salt,
Yeast, Preservatives, Artificial Flavors
or Colors. Unconditionally guaranteed
for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 250

Amount Per Serving	% DV
Folic Acid	400 mcg 100
Calcium (as Calcium Carbonate)	100 mg 16
Percent Daily Value (DV)	

Other Ingredients: Cellulose, Modified Cellulose Gum,
Silicon Dioxide, Vegetable Starch, Magnesium Stearate.

* This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century... for a healthier future.

Folic Acid 400 mcg

Healthful diets containing adequate amounts of
Folic Acid may reduce the risk of birth defects
including neural tube defects and spina bifida.¹
good sources of folate include fruits, vegetables,
whole grain products, and supplements such as
this. Folic Acid also helps support the development
of the nervous system of the fetus.*



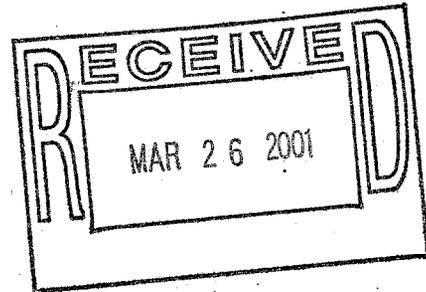
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 c street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps convert food into energy and helps maintain skin, digestive and nervous systems.

Dietary ingredient(s) to which the statement refers: Niacinamide.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Niacin 100mg 110ct, UPC #7-40985-21364-3

Respectfully submitted,

21 st Century Laboratories, Inc.

21ST
CENTURY®

10%
FREE

DIETARY SUPPLEMENT

Niacin
100 mg

Helps Convert Food Into Energy And Helps
Maintain Skin, Digestive & Nervous Systems*

110 X 0 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving	% DV†
Niacin (as Nicotinamide) 100 mg	500
Calcium (as Calcium Carbonate) 90 mg	9

†Percent Daily Value (% DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Vegetable Stearic Acid, Cellulose, Magnesium Stearate, Hydroxypropyl Methylcellulose.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.

Niacin 100 mg

21st Century's® Niacin plays a key role in converting food into energy and helps maintain the normal function of nerves, skin, and the digestive system.*



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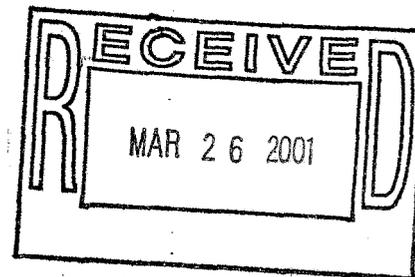
21ST Century Laboratories, Inc.

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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps convert food into energy and helps maintain chemical balance.

Dietary ingredient(s) to which the statement refers: **Pyridoxine.**

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Vitamin B-S 100mg 110ct, UPC #7-40985-21196-O

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT

Vitamin B-6
100 mg

Helps Convert Food Into Energy
And Helps Maintain Chemical Balance*

1101X0 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving % DV

Vitamin B-6 (as Pyridoxine Hydrochloride) 100 mg 5000

Calcium (as Calcium Carbonate) 116 mg 12

* Percent Daily Values (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Methylcellulose, Modified Cellulose Gum, Silicon Dioxide, Vegetable Stearines, Acids, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21st Century®... for a healthier future.

Vitamin B-6 100 mg

21st Century's® Vitamin B-6 (Pyridoxine Hydrochloride) plays a role in converting food into energy and helps maintain the chemical balance among body fluids:



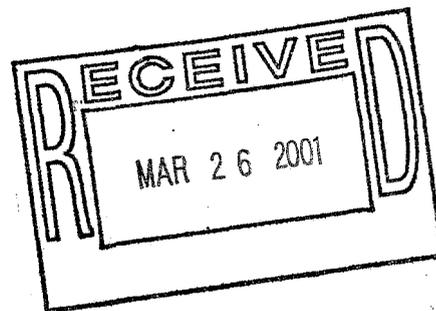
21ST Century Laboratories, Inc.



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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps convert food into energy and helps maintain the nervous system

Dietary ingredient(s) to which the statement refers: Thiamine.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Vitamin B-1100mg 110ct, UPC #7-40985-21151-9

Respectfully submitted,

21 st Century Laboratories, Inc.

**21ST
CENTURY®**

DIETARY SUPPLEMENT

**Vitamin B-1
100 mg**

**Helps Convert Food Into Energy
And Helps Maintain The Nervous System***

110 X 0 Tablets

100% FREE

USA

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.
Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.
For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

Supplement Facts
Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving	% DV†
Thiamin (Vitamin B-1) 100 mg	6667
Calcium (as Calcium Carbonate) 202 mg	20

†Percent Daily Values (DV) based on a 2,000 calorie diet.
Other Ingredients: Cellulose, Maltodextrin, Acacia, Vegetable Stearic, Silicon Dioxide, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21st Century Laboratories, Inc.
2118 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.
Vitamin B-1 100 mg

21st Century's® Vitamin B-1 (Thiamine Mononitrate) plays a role in converting food into energy and helps maintain the nervous system.



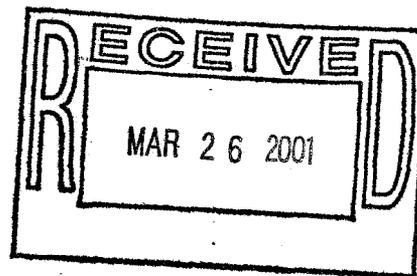
21st Century Laboratories, Inc.



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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. W&on Street, Tempe, AZ 85282.

Statement(s): Promotes tissue growth and maintenance and is essential for red blood cell formation.

Dietary ingredient(s) to which the statement refers: Cyanocobalamin.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Vitamin B-12 500mcg 1 10ct, UPC #7-40985-22309-3

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®

10%
FREE



DIETARY SUPPLEMENT

Vitamin B-12
500 mcg

Promotes Tissue Growth & Maintenance
And Is Essential For Red Blood Cell Formation*

110 X 0 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving	% DV†
Vitamin B-12 (as Cyanocobalamin)	500 mcg 8333
Calcium (as Calcium Carbonate)	140 mg 14

† Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Dicalcium Phosphate, Vegetable Stearic, Silicon Dioxide, Modified Cellulose Gum, Hydroxypropyl Methylcellulose, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®. For a healthier future.

Vitamin B-12 500 mcg

21st Century's® Vitamin B-12 (Cyanocobalamin) promotes maintenance and growth of tissue and is essential for red blood cell formation.



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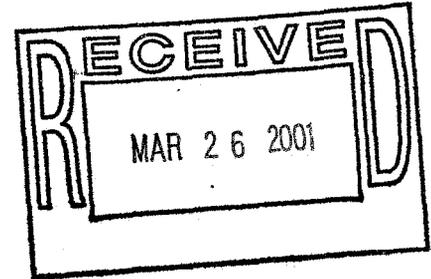
21ST Century Laboratories, Inc.



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3/20/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Promotes tissue growth and maintenance and is essential for red blood cell formation.

Dietary ingredient(s) to which the statement refers: **Cyanocobalamin.**

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, **Inc.**,

Prolonged Release Vitamin B-12 1000mcg 1 10ct, UPC #7-40985-21104-5

Respectfully submitted,

21 st Century Laboratories, **Inc.**

21ST
CENTURY®

DIETARY SUPPLEMENT

PROLONGED RELEASE

Vitamin B-12
1000 mcg

Promotes Tissue Growth & Maintenance
And Is Essential For Red Blood Cell Formation*

110 X 0 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 110

Amount Per Serving	% DV†
Vitamin B-12 (as Cyanocobalamin) 1000 mcg	16667
Calcium (as Calcium Carbonate) 120 mg	12

† Percent Daily Values (DV) based on a 2,000 calorie diet.

Other Ingredients: Cellulose, Vegetable Stearic, Maltodextrin, Silica, Acacia, Hydroxypropyl Methylcellulose, Magnesium Stearate.

* This statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2110 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century®...for a healthier future.

Vitamin B-12 1000 mcg

21ST Century's® Vitamin B12 (Cyanocobalamin) promotes maintenance and growth of tissue and is essential for red blood cell formation.*



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21ST Century Laboratories, Inc.

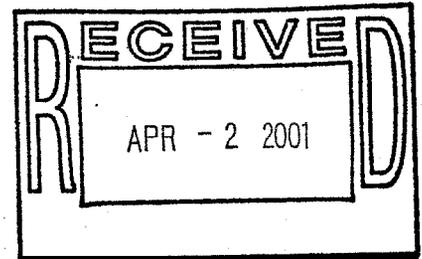
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2/21/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204

75 222



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21 st Century Laboratories, Inc. 2 119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Vitamin A plays an important role in the healthy function of lungs and air passages. It also helps maintain the healthy function of eyes, skin, teeth, gums, and various glands. (and) Helps Maintain The Healthy Function Of Lungs, **Eyes**, Skin, Teeth, Gums And Various Glands.

Dietary ingredient(s) to which the statement refers: Vitamin A Acetate.

Name of the supplement bearing the label or associated with the labeling: 21st Century **Laboratories, Inc.**,

Vitamin A **10,000iu** 1 **10ct**, UPC #7-40985-21464-O

Respectfully submitted,

2 1 st Century Laboratories, Inc.

21ST
CENTURY[®]

10% FREE

DIETARY SUPPLEMENT

Vitamin A
10,000 I.U.

Helps Maintain The Healthy Function Of Lungs
Eyes, Skin, Teeth, Gums And Various Glands*

110 Softgels

Directions: Take one (1) softgel daily with any meal for maximum daily results, or as directed by a medical practitioner.
Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.



Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 110

Amount Per Serving	% DV*
Vitamin A (as Acetate)	10,000 I.U. - 200%

*Percent Daily Values (DV) based on a 2,000 calorie diet.
Ingredients: Gelatin, Glycerin, Vitamin A Acetate, Flavored Soybean Oil, Purified Water, Vitamin E Acetate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century[®]. .for a healthier future.
Vitamin A 10,000 IU

21st Century's[®] Vitamin A plays an important role in the healthy function of lungs and air passages. It also helps maintain the healthy function of eyes, skin, teeth, gums and various glands.*



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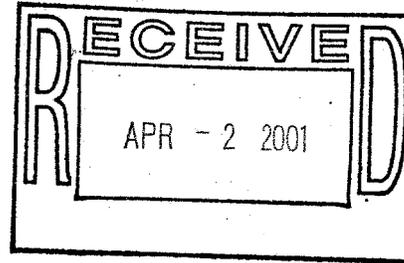
21ST Century Laboratories, Inc.

2119 South Wilson Street, Tempe, Arizona 85282-2034 U.S.A. • phone 480-966-8201 • fax 480-927-9300



3/19/01

Office of Special Nutritionals (HFS-450)
FDA-CFSAN
200 C Street, S.W.
Washington, DC 20204



Dear Sirs,

In accordance with the statutory provisions of 21 USC 343(r)(6), we are providing you with notice of the type of statement to which that section refers.

Manufacturer's name and address: 21st Century Laboratories, Inc. 2119 S. Wilson Street, Tempe, AZ 85282.

Statement(s): Helps Convert food into energy and helps maintain the nervous system

Dietary ingredient(s) to which the statement refers: Thiamin, **Riboflavin**, Niacinamide, Pyridoxine Hydrochloride, **Folic Acid**, **Cyanocobalamin**, Biotin, Calcium Pantothenate.

Name of the supplement bearing the label or associated with the labeling: 21st Century Laboratories, Inc.,

Prolonged Release Balanced B-50 60ct, UPC #7-40985-22251-5

Respectfully submitted,

21st Century Laboratories, Inc.

21ST
CENTURY®



DIETARY SUPPLEMENT
PROLONGED RELEASE

Balanced B-50

Helps Convert Food Into Energy
And Helps Maintain The Nervous System*

60 Tablets

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by a medical practitioner.

Store at room temperature. Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken.

For Your Health: No Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Unconditionally guaranteed for purity, freshness and label potency.

21ST Century Laboratories, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 60

Amount Per Serving	% DV†
Thiamin (Vitamin B-1)	50 mg 333%
Riboflavin (Vitamin B-2)	50 mg 294%
Niacin (as Nicotinic Acid)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 633%
Biotin	60 mcg 167%
Pantothenic Acid (as Calcium Pantothenate)	10 mg 100%
Calcium (as Calcium Carbonate)	115 mg 11%

† Percent Daily Values are based on a diet of other people's misdeeds.

Other Ingredients: Methylcellulose, Hydroxypropyl Methylcellulose, Cellulose, Vegetable Stearic Acid, Silicon Dioxide, Dicalcium Phosphate, Magnesium Stearate, PEG.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



21ST Century®...for a healthier future.

Balanced B-50

B vitamins are interdependent upon each other and interrelated in function, they convert food into energy and help maintain the nervous system and body tissues. Prolonged release vitamins slowly release nutrients into the body over an extended period of time.*

